



LIFESTYLE QUESTIONNAIRE
CATARACT SURGERY / LENSECTOMY

Name _____ Date _____

As a candidate for Cataract Surgery or Lensectomy, you have several options to reduce your dependence on glasses. Each option has potential advantages and disadvantages, depending on your daily activities and visual needs. Dr. Nissirios combines his exquisite and meticulous surgical skill with the best technology available to give you the optimal combination of quality vision, lifestyle convenience, and surgical cost. To help communicate your needs and preferences, please take a moment to complete the following questions:

- 1 Even though you may currently need glasses, surgery gives you the option of seeing better without glasses. This means that you could wear glasses less often. Which of the following best describes what you would like after surgery?
I want to wear glasses as little as possible.
I'm okay with or without glasses.
I want to wear glasses most of the time.

- 2 Think of your vision in terms of three zones:
Distance (driving, TV, golf, tennis),
Mid-range (computer, cooking, gardening),
Near (reading, cell phone, sewing, make-up).

If you had to wear glasses for at least one zone after surgery, for which zone would you be more willing to wear glasses?

- Distance Vision
Mid-range/Near Vision

- 3 Please check the single statement that best describes you in terms of night vision:
Night vision is extremely important to me, and I require the best night vision possible.
As long as I can drive comfortably at night, I can tolerate some slight imperfections.
Night vision is not particularly important to me.

- 4 Which would you prefer?
Good Night Vision but with possible need for reading glasses.
Good Near Vision without reading glasses but with possible mild glare at night.

- 5 Some surgical options require additional out-of-pocket payments. Would you consider paying out-of-pocket to reduce/minimize your need for glasses?
Yes No

- 6 How many hours per day do you spend:
Driving
On the computer
Reading books, newspapers

- 7 What is (was, if retired) your occupation?

- 8 Please list up to two favorite hobbies:

- 9 Do you want to hear about the latest bladeless Laser Cataract Surgery that Dr. Nissirios performs?

Please place an "X" on the following scale to describe your personality as best you can:

