

Post-Op Instructions for DSAEK/PK

Medications(EyeDrops):

VIGAMOX (moxifloxacin) – This is an antibiotic in order to prevent infections.

One drop to the operated eye 4timesperday x 1week

PRED FORTE (prednisolone acetate) – This is an anti-inflammatory medication to help the eye heal and is used to prevent rejection episodes. One drop to the operated eye 4timesperday x 3 months then slowly taper down 1drop/month for 3 months, making for 6 months total.

RESTASIS (cyclosporine) – Cyclosporine is in a class of medications called immunomodulators. It works by decreasing inflammation and is used to prevent rejection episodes. One drop to the operated eye 2timesperday starting 7 months after the surgery



VIGAMOX



PRED FORTE



RESTASIS

	VIGAMOX	PRED FORTE	RESTASIS
Surgery Day	4x/day	4x/day	--
Week 1	4x/day	4x/day	--
Month 1-3	--	4x/day	--
Month 4	--	3x/day	--
Month 5	--	2x/day	--
Month 6	--	1x/day	--
Month 7	--	--	2x/day

It is very important that you do not rub your eye for one week following the procedure

You will begin using your drops the day after the surgery. You may place your drops into the operated eye in any order. Put the first medication, wait 2 or 3 minutes, then put in the second medication, wait 2 or 3 minutes, then put in the third medication. This is to ensure that the eye drops are absorbed into your eye. The drops may leave a harmless white residue in the corner of your eye. Just gently wipe it away. If you think the drop missed your eye or rolled onto your cheek, go ahead and instill another drop in the eye.

Your Activities:

1. Rest today. Lie flat as much as possible the day of the surgery.
2. Do not touch the shield that is over the operative eye. After the shield is removed tomorrow, do not rub or push on the eye.
3. Do not perform heavy lifting or strenuous activity until Dr. Nissirios states that it is safe to do so (usually 3-4 weeks).
4. Do not go swimming for 3 weeks after surgery.
5. Do not drive a motor vehicle, operate heavy machinery, or drink alcohol for the next 1 week.
6. Eye make-up should be avoided for two weeks.
7. If there are any activities that you are unsure about, check with Dr. Nissirios

Diet:

You may eat your usual diet.

Eye Protection:

If you have glasses or sunglasses, you may wear them during the day. If you do not, you should wear the shield during the day. All patients should wear a shield over the operative eye at night for four weeks.

Your post-operative visit is scheduled for _____ at: _____

Location:

Phone: