



PRE-OP Instructions BEFORE your DSEK/Corneal Transplant Surgery

Patient Name: _____ Date of Surgery: _____

Eye to be operated: RIGHT // LEFT (circle one) Time of Surgery: _____

Location of Surgery: _____

1-2 weeks before surgery

Make sure your pre-op medical clearance visit with your main medical doctor has been completed (not needed in all cases).

Discontinue Aspirin products 7-10 days before surgery if your doctor agrees that it is OK.

Do not discontinue other blood thinners such as coumadin or plavix unless specifically instructed by the doctor.

Fill prescription for Vigamox, the antibiotic drop to be used for the surgery.

Three Days Before Surgery

Please arrange transportation / a ride to the surgery center on the day of surgery as you will not be able to drive on that day.

Start the eye drops in the eye that is to be operated (you don't need to put the drops in both eyes, just the eye that is having surgery). If your surgery is scheduled for Monday, then you will use the drops starting on Saturday morning. Put one of the medications in the eye, then wait 2-3 minutes and then put the other medicine in the eye. You must wait between drops so that the eye has time to absorb each medicine fully.



VIGAMOX



PRED FORTE

Saturday	3x/day(morning,evening,night)	3x/day(morning,evening,night)
Sunday	3x/day(morning,evening,night)	3x/day(morning,evening,night)

The Day of Surgery:

Please do NOT eat or drink anything for at least 8 hours prior to your scheduled surgery.

Yes, you can take your regularly scheduled medications as instructed by your primary care doctor with a small sip of water. Please bring all of your medications with you to the surgery center on the day of surgery.

Please do NOT wear any eye make-up, facial lotions, or perfume on the day of surgery.

Yes, you may bring a friend or relative with you on the day of surgery. This is encouraged.

What to expect:

- After completing some paperwork, the nurses will place an IV in your arm and instill some eye drops in order to dilate your pupils. This preparation may take an hour or more.
- You will be wearing your normal street clothes (not those terrible hospital gowns)
- Once you are brought into the operating room, Dr. Nissirios will personally greet you as the anesthesiologist administers a sedative in your IV. Your eye will be fully numbed.

What you will feel/see:

- An oxygen supply tube will be placed near your mouth/nose and your entire body and face will be covered with a sterile bed sheet. You will be able to breathe very well due to the direct supply of oxygen, while the sheet protects the operated eye from infection.
- You will feel some light pressure, some cool water, and perhaps Dr. Nissirios's hands resting against your cheek.
- You will NOT see the surgery being performed. Rather, you will just see some bright lights, colors, and shadows. You do not have to worry about blinking during surgery.
- After the surgery the eye will slowly wake up and recover vision over the course of a few hours to a few days.
- In the Recovery Room, the nurses will check your blood pressure, give you some juice to drink, explain the post-op instructions, and then send you home. This takes 30-60 minutes.

Right After the Surgery:

Rest today. It's very important to lie flat on your back facing up as much as possible the day of the surgery.

Do not touch the shield that is over the operative eye.

Taking a nap when you return home is a good idea, as the IV sedative from the surgery may leave you feeling a little sleepy. Taking a nap will let the body focus its energy on healing the eye.

You may resume your normal diet and your normal medication schedule.

If you have any aching, you may take Tylenol.

No working, no cooking, no cleaning, no heavy lifting, no straining, etc.

Your post-op visit is scheduled for the day after your surgery at: